

# HumanaVitality® Cardiopulmonary Resuscitation (CPR) Certification

To receive Vitality Points™, you must send in this completed form along with proof within 90 calendar days after you complete the certification. You must complete the certification during your current plan year. Or, your current certification must be valid when you submit this form. Please keep a copy of the form and proof for your records.

## How to use this form:

1. **Get proof of CPR certification (new or existing)**
2. **Fill out this form completely**
3. **Submit this form and proof to HumanaVitality**

Examples of proof include:

- A copy of your CPR certificate
- A copy of your CPR card (front and back if double-sided)

## Member information – please print

Humana member ID number:

First name:

Last name:

Date of birth (MM/DD/YYYY):

Phone number:

## CPR certification information – please print

Program date (MM/DD/YYYY):

Certificate expiration date (MM/DD/YYYY):

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## Consent to release and use of information

By signing this form, I acknowledge that I completed this certification as listed and that the information submitted with this request is accurate and complete. I understand and agree that HumanaVitality and its representatives have the right to review and verify the information on this form.

Member signature:

Date (MM/DD/YYYY):

### Send the completed form any of these ways:

Online: Visit *MyHumana* and click  or the “My Messages” link at the top of the page

Fax: 1-877-250-7814

Mail: HumanaVitality  
P.O. Box 14613  
Lexington, KY 40512-4613

**Please note:** HumanaVitality reserves the right to confirm the accuracy of information received. Submission of incorrect or inaccurate information may result in the member not earning or the removal of Vitality Points and VitalityBucks®.

